



# WHAT THE TECH?!

The Promise and Perils of Our Digital Age

Bring your friends and family as together we focus on having a healthy relationship with technology. We'll also study this theme in age-appropriate ways in Sunday School with our children and students.

Join us in person at our six Kansas City area locations,  
at [cor.org/live](https://cor.org/live) and on television!

**January 7/8:**

Addicted to Our Screens  
and the Social Dilemma

**January 14/15:**

What Dr. King Would Have  
Done with Social Media

**January 21/22:**

A Byte from an Apple and  
the Seven Deadly Sins

**January 28/29:**

Separating Truth from Fiction  
in the Information Age

**February 4/5:**

If Jesus Had an iPhone...

**COR.ORG/TECH**

# WHAT THE TECH?!

Did you know the average American spends at least 4 hours using screens each day? They check their phone 58 times. That's staggering.

We know technology holds the promise of enormous good, but misused, it can cause untold pain, leaving us feeling isolated, anxious, depressed or addicted. Technology can have a tremendous positive impact on society, but it can also be used to spread misinformation and sow the seeds of hate.

Join us for five weeks starting Jan. 7 & 8 as we explore how we can avoid the perils and unleash the promise of technology in our lives, our families, and our communities.

## SCREEN SANITY SUMMIT

Wednesday, Jan. 25 | 6:30 - 8 pm | All Locations & Online

Join Resurrection and Kansas City-based non-profit Screen Sanity for Screen Sanity Summit, a unique nationwide event that will bring adults and families together to discuss one of today's most pressing topics—digital health.

## SCREEN SANITY STUDY

Scan here for an excerpt from Screen Sanity's most popular resource, including videos, tips, and more.



**Resurrection**

A UNITED METHODIST CHURCH

cor.org