

The background image shows a pair of hands holding a smartphone. The phone's screen is glowing with a blue light. Overlaid on the image is a network of white dots connected by thin lines, resembling a digital web. Several red circular icons with white hearts and numbers (38, 11, 5, 19, 9) are scattered around the phone, suggesting social media or digital communication. The overall color palette is dark with blue and red highlights.

WHAT THE TECH?!

The Promise and Perils of Our Digital Age

Bring your friends and family as together we focus on having a healthy relationship with technology. We'll also study this theme in age-appropriate ways in Sunday School with our children and students.

WHAT THE TECH?!

Did you know the average American spends at least 4 hours using screens each day? They check their phone 58 times. That's staggering.

We know technology holds the promise of enormous good, but misused, it can cause untold pain, leaving us feeling isolated, anxious, depressed or addicted. Technology can have a tremendous positive impact on society, but it can also be used to spread misinformation and sow the seeds of hate.

Join us for five weeks as we explore how we can avoid the perils and unleash the promise of technology in our lives, our families, and our communities.